



VOLUNTEER VOICE

PARTNERS PRESIDENT’S MESSAGE

Summer has finally arrived! With the sweltering heat, grass that seems to need to be cut every other day, and mosquitos by the dozens, what could you possibly not like about this time of the year! All joking aside, hopefully everyone is enjoying the nicer weather while it lasts. It truly does go by quick...

I continue to see new faces in our volunteer organization. To those of you who I have not been able to formally introduce myself to yet, welcome aboard, and thank you for volunteering your services! Hopefully you will enjoy volunteering here as much as I do. I will steal a quote from one of our volunteers: *“If you want the job done right and on time, give it to a volunteer.”* So Very True!

We do still have a few positions open on our Board of Directors. We meet just about every other month, and the extra work we require is very minimal. If being a part of the decision process sounds interesting, please talk to Kari. If you are uncertain, but might be interested, come to our next meeting. It is our annual budget mtg. and will be held on Monday, August 12th at 1:00 p.m. Talk to Kari, myself, or any of the current members to find out more about the Partners Board of Directors. Interested Partner Members are always welcome at board meetings, hope to see you there!

Even though we are enjoying the warmth, we do have to start thinking about the next Love Lights campaign. I am in need of one or two volunteers to step up and help with organizing & overseeing the whole process. Florence Falk was amazing at this, and will be greatly missed! Please talk to Kari or myself if you can help!

Finally, I leave you with a thought. Be kind, be caring, smile, and be polite. You never know when you will see that person next.

Thanks, & Happy Volunteering! *Tim Haak, Partners President*

SAVE THE DATE
PARTNERS FALL GENERAL MEETING & FLU SHOTS
Tuesday, October 29 At Jansen’s, Fort Atkinson
5:00—6:00 p.m. Social Hour and Flu Shots
6:00 p.m. Dinner

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JOINT COMMISSION HERE AND GONE!

JC arrived the week of June 16th, a bit sooner than we expected! Of course we were ready, and a big shout out of a job well done to Patient Escort, Rich Braun, who was their first contact when they got here!

Everyone made a positive impression on the survey team with our great attitudes, and the quality safe care we are providing.

Due to the fact JC has already come and gone, the annual review will be mailed out as a self-learning packet in August. Please return promptly.

MEDICARE SCAMS

HOW TO DISPOSE OF MEDICATION

The Hospital and all of Fort HealthCare **DO NOT** except any medications for disposal. Pills, creams, liquids, prescription & OTC pills, vitamins, pet medicines, & inhalers can be disposed of at area police departments.

- Empty all pills into plastic zip-top bags. Throw the empty bottles into your regular recycling bin. Leave liquids and creams in their original containers, but place in a zip-top bag.

DROP OFF LOCATIONS NO QUESTIONS ASKED OPEN 24-HOURS

- Jefferson County Sheriff's Dept.
411 S. Center,
Jefferson, WI
 - Fort Police Dept.,
101 S. Water Street
 - Whitewater Police
312 W. Whitewater
Street
 - Watertown Police
106 Jones Street
- SHARPS MUST BE
TAKEN TO YOUR
COUNTY HEALTH
DEPARTMENT**

Medical fraud is big business. The latest scam involves genetic and DNA testing. Scammers hold gatherings at senior centers and housing complexes under the guise of ice cream socials, etc. Participants are told they can get free genetic testing, cancer screening or DNA testing and are given materials to swab their cheeks for samples. They are told that Medicare will pay for it and they should provide their Medicare number.

Sometimes seniors are asked to provide their phone number and told they will be contacted by phone to tell them that a testing kit will be sent by mail.

Medicare only pays for genetic testing or DNA testing when it is medically necessary and ordered by the participants own physician and the need is documented.

If you are on Medicare or know someone that is, make them aware of this scam.

The Wisconsin Senior Medicare Patrol [888-818-2611] can be of assistance. Medicare never calls and asks for a phone number or asks for personal information.

*Submitted By: Arlene
Newhouse, FHC Partners Public
Policy Chair*



USE ANTIBIOTICS CAREFULLY

Antibiotics are strong medicines used to treat bacterial/fungal infections, not for viruses such as cold or flu.

- Take an antibiotic exactly as the health care provider tells you.
- Do not skip doses, take all your pills even if feeling better.
- Do not "save" your antibiotics for the next time you get sick.
- Dispose of any leftover medication at any local drug drop off location <http://rxdrugdropbox.org/map-search/>

Do not Take antibiotics that have been prescribed for someone else.

- It may not be the right thing for you to take.
- It may delay your treatment or make it worse.
- If your infection is viral antibiotics will not help you.

Viral infections like the common cold are not cured by antibiotics. If you have a viral infection ask your doctor about things you can do to make yourself more comfortable while the illness "runs its course."

Your antibiotics may have side effects.

- Uncomfortable stomach troubles.
- Yeast infections—consider adding yogurt to your diet.
- Talk to your doctor if you are concerned about side effects.

*Submitted By: Kathy Kakuschke,
FHC Community Health Education Chair*

ADVANCING EDUCATION AND ADN AWARDS

Joellyn Weibel and Millie Miller have been chosen as recipients of \$1500 Advancing Education awards. Both are Fort Healthcare employees, Joellyn at Integrated Family Care and Millie in the Ambulatory Surgery department at the hospital.

Joellyn, a graduate of Winona State with “a heart for rural family practice”, is working toward her Advanced Practice Nursing degree through Herzing University.

Millie is studying through the University of Texas at Arlington for her BSN and is described by one of her references as “a mature superb nurse” with “astute insight into the clinical status of her patients.”

Two other Fort Healthcare employees will receive \$500 each as they work toward their Associate Degree in Nursing (ADN). Both are Johnson Creek graduates and are currently enrolled at Madison College. Abbie Hildreth works as an Emergency Room tech, while Tylynn Vidar is a Labor and Delivery Room tech.

Our next Volunteer Voice Newsletter will feature the high school student scholarship award winners. Submitted by Mary Rapp.

FORT PARTNERS HOST DISTRICT MEETING

We will be hosting the annual Partners of WHA Fall District Meeting on Wednesday, September, 18 at the banquet center at Neighbors in Jefferson. Volunteers and leaders from nine other southern WI hospitals have been invited.

Fort HealthCare Partner members are also invited to attend, however there is a charge for this event. The cost for Fort HealthCare Partners is \$20.00 which includes a continental breakfast, lunch, and the program. Breakfast includes coffee, juice, and assorted pastries. For lunch we are having a 2-piece broasted Chicken with cranberries, coleslaw, baby red potatoes, cake for dessert, and coffee, iced tea, or milk.

The Partners of WHA are focusing on mental health awareness as their health education project for 2019 & 2020. In keeping with this effort, our speaker will be Courtney Quast, MS, LPC, SAC, Counselor, FHC Behavioral Health Dept. She and some of her colleagues will tell us all about the School Based Mental Health Program. There will be time for questions. There will also be an active participant presentation on chair exercises.

Registration Required By Friday, September 6. Please call Volunteer Services if you would like to attend. Registration the day of the event starts at 8:00 a.m., the meeting starts at 9:00 a.m.

EMPLOYEE WINNERS



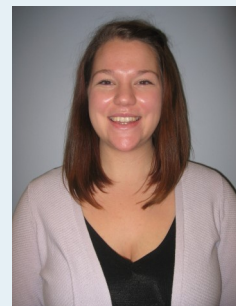
JOELLYN WEIBEL



MILLIE MILLER



ABBIE HILDRETH



TYLYNN VIDAR

SUMMER RAFFLE TICKET SALES



**GRAND PRIZE:
BADGER FOOTBALL
TICKET PACKAGE**

**OTHER PRIZES:
SPORTING EVENT TICKETS
GB PACKERS AUTOGRAPHED FOOTBALL
LOCAL BUSINESS GIFT CARDS
HANDMADE ITEMS
STERLING SILVER NECKLACE
THEME BASKETS
TOO MANY PRIZES TO LIST!
TICKETS ARE \$1 EACH OR 6 FOR \$5
NEED NOT BE PRESENT TO WIN
ALL RAFFLE ITEMS ARE ON DISPLAY IN THE
WINDOWS OF THE VOLUNTEER SERVICES
DEPARTMENT ON THE 1ST FLOOR
ACROSS FROM
AMBULATORY SERVICES**

GIFT SHOP SALE

Out with the old and in with the new in Partners Gift Shop! We have rearranged and decluttered the shop, so come in and take a look! We also need to make room for new merchandise, so we are having a three-day **BLOW OUT SALE on August 13—15**. There will be 50%-75% OFF! Lots of great stuff for the whole family at clearance sale prices!

PICNIC DAY

Fort HealthCare Employees and Volunteers are welcome to the annual appreciation picnic.

The picnic will be in the Steel Away Café on the ground floor at the hospital building. Please choose one meal to attend.

Lunch served:

11 a.m.—1:30 p.m.

Dinner Served:

4:30 p.m.—6:30 p.m.

PARTNERS RAFFLE TICKET LOCATIONS:

- VOLUNTEER SERVICES
- PARTNERS GIFT SHOP
- PARTNERS COFFEE SHOP
- INFORMATION DESK



**RAFFLE DRAWING
AUGUST 12, 2019**

SEE ENCLOSED FLYERS FOR MORE DETAILS ON:

- THE SUMMER RAFFLE
- GIFT SHOP SALE
- ANNUAL PICNIC

**MARK YOUR
CALENDAR!**



Picnic People