



HSHS
Sacred Heart
Hospital

HSHS SACRED HEART HOSPITAL

VOLUNTEER *Partners*

September 2017

The Volunteer Partners newsletter is published three times a year to communicate information of interest and usefulness to volunteers and friends. We welcome all suggestions and comments. You may contact me at 715-225-3978 or e-mail me at Jaci.Fuller@hshs.org Jaci Fuller, Volunteer Partners Newsletter Coordinator.

VOLUNTEER PARTNERS MISSION STATEMENT

In partnership with HSHS Sacred Heart Hospital, the Volunteer Partners will provide compassionate, supportive services for patients, their families and hospital staff; promote community awareness of the Hospital's mission; and raise funds for Hospital needs.

A New *Direction*



Pet Therapy



Information Desk



Transport



Cancer Center



Family Waiting



Gift Shop



Spiritual Care



Clerical

Volunteers Providing Services

With time comes change. The volunteers of HSHS Sacred Heart Hospital are focusing on a new direction of services to the Hospital and Community. There will be more service to the Hospital events and programs as well as more time devoted to the core areas of need.

What are some of the changes?

The Volunteer Partners will no longer sponsor the Christmas Tea, Pie Social or fall luncheon due to low attendance, time to plan and expense. There will be, however, a spring luncheon and recognition program as have been conducted in prior years. This will be combined with the Volunteer Partners annual business meeting, which includes election of board members and officers. There will be fewer fundraising events as payroll deduction is no longer available. The Volunteer Board of Directors will focus more in service to the Hospital and community.

Message from Chief Executive Officer



Dear Volunteer Partners:

As you know, the Chippewa Valley has proven itself as an area for top-notch healthcare. With that comes challenging times for hospitals and providers. Those opportunities continue to present themselves in many ways. Every once in a while it might feel like the challenges seem too great or that providing exceptional care 100 percent of the time is a hefty responsibility.

But if I have learned anything from witnessing the tenacity of the volunteers, colleagues and providers who work at HSHS Sacred Heart Hospital it's that the caring never ends. We care for each other, and we care for those who walk through our hospital doors like they are our own family.

That is what makes our hospitals truly unique. We don't just talk about the mission of our Hospital Sisters. We live it.

I am proud to call out two such servant leaders who recently left our Western Wisconsin ministries in August to join sister hospitals in Illinois - Joan Coffman, President and CEO at HSHS St. Joseph's Hospital and Chris Klay, Western Wisconsin Division Director of Rehabilitation Services. Joan and Chris have been pillars of our hospitals, first at HSHS St. Joseph's and prominently for both hospitals the last few years. We are so excited for their new journey. These are big shoes to fill but we are prepared to find the best applicants for each role.

As we navigate these many challenges, we know we can always count on you to be our caring ambassadors - people who don't just have friendly faces to patients and families on a daily basis. Thank you for all that you do!

"It is no use walking anywhere to reach unless our walking is our preaching."

-St. Francis of Assisi

Sincerely,

Julie Manas
President and CEO, Sacred Heart Hospital

FIVE FINGER PRAYER

1. The thumb is the closest finger to you. So start praying for those who are closest to you. They are the persons easiest to remember. To pray for our dear ones is a "sweet obligation."
2. The next finger is the index. Pray for those who teach you, instruct you and heal you. They need the support and wisdom to show direction to others. Always keep them in your prayers.
3. The following finger is the tallest. It reminds us of our leaders, the governors and those who have authority. They need God's guidance.

4. The fourth finger is the ring finger. Even though it may surprise you, it is our weakest finger. It should remind us to pray for the weakest, the sick or those plagued by problems. They need your prayers.
5. And finally we have our smallest finger. Your pinkie should remind you to pray for yourself. When you are done praying for the other four groups, you will be able to see your own needs but in the proper perspective. You will be able to pray for your own needs in a better way.

A note from your President



Hi everyone!

My name is Sandy Gobler and I am honored to be a volunteer at HSHS Sacred Heart Hospital. I have also been chosen to represent the many volunteers who share their talents and time with the HSHS Sacred Heart patients, their families and employees as the Volunteer Partners Board President for 2017 and 2018.

I grew up on a farm in Tilden, WI and graduated from McDonell High School and UWEC in education. Mark and I have been married for 38 years and have three daughters, two sons-in-law, three grandkids and one grand dog. We lived in Amery and Luck, Wisconsin most of that time and moved back to this area after we retired from public education in 2013. Volunteering at HSHS Sacred Heart Hospital for three years in the Gift Shop has been rewarding, and part of that time I also volunteered in the Family Waiting Center tending patient's families.

Early August we delivered and presented a CuddleCot to the Maternity Department. We believe it is the only one available locally and anticipate that it will bring comfort to families that use it.

As we look forward to the upcoming year there are many events and activities on the calendar. New this fall: we will be hosting a "Paws for a Cause" event October 1, which will give many of us an opportunity to honor our beloved companions. The forms are available and this event will coincide with the blessing of our pets.

Our volunteers will be organizing and handling the registration process at the Partners of WHA state convention our district will be hosting in Green Bay October 2 through 5. We have such a great group of volunteers that we are anticipating a successful convention.

Our fundraisers this fall will include:

- *Paws for a Cause -- October 1
- *Jewelry Sale -- October 30 and 31
- *Linen Sale -- November 29 and 30.
- *Love Lights -- December 3
- *Book Sale -- December 18 and 19

In June of 2018 Advance Directives Seminar will be offered.

We encourage you to attend our monthly volunteer board general meetings. As we continue the mission of the Franciscan Sisters, may our hearts be filled with happiness and overflow with love. And may the patients and staff at HSHS Sacred Heart continue to embrace our concern and love for them.

Sandy Gobler, Volunteer Partners President

*Today is a day for happiness,
Let your hearts be filled with joy,
Your shoulders relieved of
Their daily weight,
And your face tightened
By laughter and smiles.
(Author unknown)*

VOLUNTEER PARTNERS



Directly speaking...

Has it been a “busy as bees” summer for you all? That expression is actually a simile comparing one thing with another thing of a different kind and was actually thought to be originated from Chaucer’s Canterbury Tales written in the late 1380s. Centuries later we still use this expression!

I had great plans to accomplish multiple yard and home projects – busy bee work. Sadly, my checklist has not been depleted as much as I would have liked.

When I reflect back to when I first came to Sacred Heart Hospital almost 17 years ago, one hospital directive remains constant in my mind. We were strongly encouraged to never use three very specific “B” words: busy, but or barriers. Why should we not use these words? Because it speaks directly to our core values and standards of service.

We should never be too busy to help others, never reach out to support something and then use a conditional word such as but to qualify conditions of service. Nor should we place barriers before an opportunity to help effect change.

One of our four core values – care – provides a rule of thumb called the 10-5 rule. If you’ve forgotten what that is, here is a good reminder: When walking down any hallway, at ten feet provide eye contact and acknowledge the person(s). Assess the situation for active response. At five feet smile and offer a greeting. If the person or persons look as if help might be needed, offer it. Such a simple act and one that can create a generous, positive feeling for all involved.

Practice this skill whether in the hospital, walking down the street, in the mall, in a school setting or wherever people are present. Reach out and provide that friendly core value that places Sacred Heart Hospital, its colleagues and precious volunteers in a thoughtful, loving mindset toward our fellow human beings. More compassion and understanding impacts others and lifts them up; something we can all use.

As summer comes to a close and fall approaches, embrace those winds of change and may your days be rich and bountiful in mind-body-spirit. Praise and thanksgiving to you for your good hearts and deeds.

Now this I say, he who sows sparingly will also reap sparingly, and he who sows bountifully will also reap bountifully. Each one must do just as he has purposed in his heart, not grudgingly or under compulsion, for God loves a cheerful giver. 2 Corinthians 9:6-7

May God Bless,

Mary Pengra, Director
Volunteer & Community Services



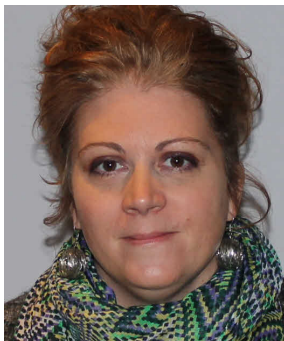
Volunteers... Giving the gift of yourself,

Your Time,

Your talents and

Your presence.

Gift Shop News



Why do we have a Gift Shop in the Hospital? Seems like such an easy question with the basic, simple answer being...“We are here for the patients and their families.” I am not going to deny the doors swing wide for this very purpose. But the heart of the Gift Shop beats for so much more. Like every department in the hospital, you need to be

keenly aware of who your customers are in order to provide the best service possible. Whether it is the person on the other end of the phone needing assistance or the person standing across from you with eyes full of concern, that is your customer.

In the Gift Shop, it makes no difference if the person is a family member, a colleague with a badge or a patient because every person is equal. Sometimes providing good customer services is as simple as being speedy so a colleague can make purchases and make it to their meeting on time. Other

moments are made up of a happy conversation and a smile because a break in a stressful day is needed. It’s fun to take a moment out of your day to talk about vacation plans, kids’ accomplishments (or roll your eyes at their naughty behavior!) or the crazy weather. The Gift Shop is a happy place to recharge your emotional batteries or step away from a stressful situation.

All this is possible because of dedicated volunteers who bring joy with them each time they pick up a shift. The Gift Shop is open 7 days a week with consistent hours of 8 a. m. to 7 p.m. Monday through Friday and noon to 4 p.m. on weekends. Customers count on the doors being open, and we have heard the call. The best part of stepping through the doors is the wide variety of items we carry. Clothes, bags, jewelry, lotions, flowers and so much more. The Gift Shop is important to the balance of the entire hospital. We assist other departments, deliver smiles to patients and their families and you can pick up a nice gift for yourself or to make someone else’s day special.

All profits from the Gift Shop are returned back to the hospital to help fulfill the needs within other departments; bringing it all back around. So, maybe the answer to the question “Why do we have a Gift Shop in the Hospital?” should be “For you”. We have a Gift Shop for you!

Jen Stuber, Gift Shop Manager

Board Updates



A TIME TO REMEMBER

The Volunteer Partners wish to extend our sincere and heartfelt sympathy to the family and friends of the following volunteers, who will be honored in the

TAG (Tuition Assistant Grant) Program: Richard Waltmire, Audrey Olson, Miriam Carr, Roberta Graf, Olga Wise, Deborah Westerberg, Constance Lotz and Marge Guettinger.

Our sympathy and prayers to the following volunteers on the loss of a family member: Kathy Dawald, Mark Phillips family and Georgia Haley.

Joan Cook
Friendship Committee

Although our loved ones may not be with us in body, they truly are always with us in spirit. They are in our minds, in our memories, and above all, in our hearts.

-Father Lawrence Dunklee

BOARD OF DIRECTORS MEETING DATES

September 25, 2017
October 23, 2017
November 27, 2017
December – No Meeting
January 22, 2018
February 26, 2018
March 26, 2018
April 23, 2018
May 21, 2018
June 25, 2018
July, 2018 – No Meeting

All volunteers are invited to attend the meetings from 10:30 a.m. – 11:30 a.m. Hospital updates, Gift Shop news and committee reports are reported each month during this time. Plan to attend!

PUBLIC POLICY AND EDUCATION

Recent Events and Legislation Enacted to Enhance the Quality of Health Care in Wisconsin:

Expansion of access to Preventive Dental Care:

- Assembly Bill 146 was signed into law in June, 2017 as ACT 20, with overwhelming support from both Assembly and Senate. The Bill was co-sponsored by Representative Katy Bernier and Senator Shelia Harsdorf.
- ACT 20 expands settings in which Dental Hygienists are allowed to provide, without dentist supervision, preventive oral health care and education.
- Provides integration of dental hygiene into healthcare visits for the very young from birth to age 3.
- Expectation that early interaction with hygienists will reduce prevalence of dental disease at early ages.
- Ultimately, early detection may lead to reduction of emergency room visits for preventable dental conditions and better overall oral health for all Wisconsin residents.

HRO's (High-Reliability Organizations):

- These organizations manage safety hazards extremely well, consistently over extended periods of time.
- In partnership with the Joint Commission's Center for Healthcare Transformation, WHA's hospital Improvement Innovation Network, (HIIN), hospitals are taking active steps to improve the "culture of safety" for both patients and staff.
- Wisconsin consistently ranks among the best states in the country based on the quality and safety of its healthcare delivery system and in this partnership will strive for even higher clinical standards.

Medicaid Developments:

- Increase of \$25 million to Medicaid DSH (Disproportionate State Share Hospital) Program. This is \$62 million increase when including Federal funds over the new biennial Wisconsin budget.
- An additional \$1.2 million for a new Rural Critical Care supplement program.

Stay Informed on Legislative Action:

- It is very important for all of our volunteers to stay informed on legislative action. We are privileged to have a resource for healthcare information on the Web at www.wha.org, HEAT e-mails and weekly updates from the Valued Voice.
- If you have questions on these resources, please let me know.

Bill McCullough, Public Policy Education Chair
www.webirish5all@gmail.com

HEALTH EDUCATION

Stay-Well Smarts

Since we are approaching the flu season, I would like to discuss the facts/myths around Handwashing, boosting your immunity and the flu shot. Dr. Oz provided the information in an article in his magazine, The Good Life.

Handwashing is still considered one of the best ways to prevent illness. Research says that one must take at least 20 seconds of active handwashing-including the time spent rinsing-to clean off cold and flu germs. The longer and more often one washes their hands the better. Water temperature isn't the main issue but rather the act of rubbing your hands together with soap. Hand sanitizers are less effective but if you must use them make sure they contain at least 60% alcohol.

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Board Updates

(Health Education continued from page 6)

Use disinfecting spray/wipes on the following areas: doorknobs, salt/pepper shakers, fridge handle; phone, dishwasher handle, bathroom faucet, toilet handle, remote controls, family computers/tablets and light switches. When you travel always bring disinfecting wipes with you to wipe these items down in your room as they are often missed by the cleaning help.

Many have said you can get the flu from the flu shot. It will not cause the flu but may cause soreness, redness or swelling; your body's immune response should be all you experience. It is best to get the flu shot by the end of October, but you can get the shot anytime that flu viruses are circulating until late May. Some studies have shown that statins, the widely used cholesterol-lowering drug may reduce the effectiveness of the flu shot but still encourage people to get the shot. The flu shot will not protect you against the common stomach flu. Being vaccinated doesn't guarantee you will not get the flu but it reduces your risk by 50-60%. Your dog can also be vaccinated against canine influenza/dog flu which is common for kennel and shelter dogs.

What can I do to strengthen my immunity? Research has shown that drinking red wine (about 5 oz) per serving, in moderation throughout the week helps. Make sure to get 6-8 hours of sleep per night. People who practice mindfulness meditation and exercised regularly also reduced their risk

Carol Gassert, Community Health Education Chair

TAG (TUITION ASSISTANCE PROGRAM)

Next year the Volunteer Partners again will be awarding \$1,000 Tuition Assistance Grants to five Sacred Heart Hospital colleagues or volunteers. The purpose of the TAG program is to give financial support to colleagues and volunteers who are furthering their education so that they may further carry out the Hospital's mission of providing high-quality Franciscan healthcare. The determination of the financial need of each of the candidates, along with their interviews, will be of special importance in selecting the recipients of the grants.

This year the TAG program was restructured by increasing the amount of the grants and awarding them on a competitive basis. We received several outstanding applications from colleagues but no applications from volunteers, who were eligible to apply for these grants for the first time. If you are a volunteer at the Hospital who will be taking courses in 2018 toward a degree in the healthcare field, we strongly encourage you to apply for one of these grants.

The program will be announced officially in early December in an email to colleagues and volunteers, and in Hospital's publication, The News Letter. Application forms and further information about the grants will be available at that time. The deadline for submitting the applications will be January 15.

If you would like more information, please contact Mary Pengra, Director of Volunteer & Community Services.

Steve Werner, TAG Committee Chair

REGIONAL CANCER CENTER FUNDING

The Volunteer Partners Board of Directors at their April, 2017 meeting agreed to support the HSHS Sacred Heart Hospital Foundation's request for funding in the remodeling of the Cancer Center. The Board voted to commit to a three-year funding proposal for a total of \$100,000. The first payment is to be made in October, 2018. Payments will be from profits of the Gift Shop.

Remodeling of the Cancer Center at the Hospital will allow better and more efficient treatment for patients.

TIME TO GRIEVE

At HSHS Sacred Heart Hospital, grieving parents of a stillborn infant or newborn death will now have more time to say goodbye and see their child they waited nine months to hold. The Volunteer Partners Board of Directors at the February 2017 Board meeting agreed to purchase a "CuddleCot" at a cost of close to \$4,000.

The CuddleCot is a cool gel pad that uses distilled water and is laid under a blanket to keep a baby's body temperature between 32 and 42 degrees for up to 96 hours in order to give grieving parents the time they need to say goodbye. The benefits of using the Flexmort CuddleCot system in helping a family deal with bereavement are widely accepted across the globe, and the system has worldwide use across maternity departments and environments.

CARING FROM THE HEART KITS

The Volunteer Partners are offering essential kits for out of town families of Emergency Department patients. The Volunteers recently implemented a new program to build and distribute their new Caring from the Heart Kits to out-of-town ER patients' family members. When a loved one is brought to the Sacred Heart Emergency Department, family members often come unprepared to stay. This can be a very stressful time, and the Emergency department staff can give them a Caring from the Heart kit that contains the following:

- 1) New Testament Bible
- 2) pen and notepad
- 3) hotel and restaurant guide
- 4) list of pharmacies close to the Hospital
- 5) Volunteer Partners emergency medical card
- 6) comb
- 7) Sacred Heart angel pin
- 8) antiperspirant

It is the hope of the Volunteer Partners that the above kits will ease the stress and anxiety of family members.

VOLUNTEER PARTNERS CONTRIBUTIONS

The Volunteer Partners are pleased to support our hospital's mission of care, and we are happy to share the different ways in which this was accomplished during this past year:

Healing Place.....	\$25,000.00
New Year Baby.....	\$ 100.00
TAG Scholarships.....	\$ 5,000.00
Medical Cards.....	\$ 1,298.75
Handcrafters Supplies.....	\$ 358.82
CuddleCot.....	\$ 3,600.00
Maternity Floor Renovation...	\$50,000.00

Mary Ryberg, Volunteer Partners Treasurer



CuddleCot

VOLUNTEERS HELP IN COMMUNITY PROJECTS!

Volunteers at HSHS Sacred Heart Hospital not only volunteer in Hospital departments and help colleagues; they also are involved in many community projects which benefit local charities and citizens in the area.

Stroke Awareness: Volunteers assist in the Stroke Awareness evening, a program for individuals in the community for tests regarding strokes. When people come for the testing, they are registered by volunteers. Volunteer also take blood samples to the Lab and return with the results, assist with the refreshments and collect papers. These events are held twice a year, usually from 4 p.m. - 8 p.m.

Rehab Reunion: Every year the 9th floor has a Rehab Reunion for people who have been patients in the previous year on 9th floor. Volunteers assist with the set-up, decorations, and serving the lunch. Ninth floor colleagues choose a theme every year and in 2017 it was a "pirates" theme.

Relay for Life: A Relay for Life fundraising event to support the American Cancer Society on May 31, 2017 was held and volunteers participated in this worthwhile cause.

Sojourner House: Volunteers collect sample soaps, shampoos and lotions to give to the Sojourner House (a temporary home for the homeless). These items are greatly appreciated.

Baby hats, blankets and ice bags: The Volunteer Department has a program for baby hats to give to newborn babies, blankets for newborns and other hand-knit projects. Volunteer Partners provide the yarn and material for volunteer handcrafters making these items. They are very much appreciated.

Hats and fleece blankets for cancer patients: Volunteer handcrafters provide hats and blankets for Prevea cancer patients.

Annual Coat Drive: Every year in the fall the Volunteer Services and the Volunteer Partners partner with Kings Closet and Redeeming Grace Church for the Annual Coat Drive. There is a collection for winter coats, mittens and gloves, to donate and give to the needy. The Volunteers help with this endeavor in sorting, making minor repairs and on distribution day. In 2016 the Coat Drive served 167 households, distributing over 400 coats, 90 blankets and hundreds of hats, gloves, scarves, etc.

Handicraft items: Volunteers are involved in making many handicraft items. The following are just some of the projects: Look Good Feel Better Program, baby caps are donated to newborns at the Hospital, hats to the Cancer Center, blankets to Palliative Care patients, eyeglass cases provided to the ER, etc.

Red Cross Blood Drive: At the Red Cross Blood Drive at Sacred Heart Hospital, which is held 4 times per year, volunteers assist by greeting preregistered and walk-in donors and provided data input sheets. When donors complete their donation, volunteers offer beverages and snacks at a Canteen area.

Eye Glasses & Hearing Aids: The Volunteer Services/Partners collect eyeglasses and hearing aids which in turn are given to the Lions International State Wisconsin Camp where they are repurposed and then provided to people in need.

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Board Updates

(Volunteers Help in Community Projects)

continued from page 8

Patient Get Well Card Program: Cards with get well wishes are made for the patients meal trays to help cheer the patients. Students, groups and individuals can participate and receive credit without being active in-house volunteers.

Annual Food Drive: Volunteers help with the Annual Food Drive to benefit St Francis Food Pantry.

Caring from the Heart Kits: These personal kits are given to a family member of a patient brought to the Emergency Department from out of town, as an effort to ease the anxiety and let them know we care.

Advance Directives Seminar: The Volunteer Partners conduct an Advance Directives Seminar periodically to inform the community of the benefits of having an advance directive and assist in preparing the document. Attendees can complete the forms and volunteers act as witnesses.

The volunteers at Sacred Heart Hospital assist in other community activities if time permits. Opportunities are listed on the bulletin board as they are brought the attention of Volunteer Services/ Volunteer Partners.

VOLUNTEERS GIVING

The volunteers gifted 42,000 hours of service in 2016. The value of a volunteer hour in the U.S. in 2016 was \$23.56/hour. This equals \$989,520. They also gave \$50,000 for the Maternity Department renovation (2nd installment of a 3-year pledge of a total of \$150,000); \$25,000 to The Healing Place – a free community grief support center; and \$5,000 for tuition reimbursement for hospital colleagues to help in the continuing education that will allow us to take even better care of our patients.

MEET THE 2017 - 2018 BOARD OF DIRECTORS

The following volunteers of Sacred Heart Hospital are serving on the Board of Directors of the Volunteer Partners for the period of July 1, 2017 through June 30, 2018:



PRESIDENT: Sandy Gobler began volunteering in the Family Waiting Center and currently volunteers in the Gift Shop. She grew up in Tilden, received an education degree from UW-Eau Claire and taught math and physical education. Sandy enjoys family activities, golfing, sports and dancing, to name a few.



PRESIDENT ELECT: Bill McCullough is a cancer survivor and volunteers in the Regional Cancer Center. He is a graduate of Drake University with a degree in sociology and retired from the Royal Credit Union. Bill enjoys volunteering and also volunteers as a tutor for Literacy Volunteers and an instructor for Junior Achievement. Bill serves as the Public Policy Education Chair.



TREASURER: Mary Ryberg volunteers in the Gift Shop and as a Eucharist Minister. She is from Winona MN and obtained a degree from St. Catherine's College in Minnesota. She was a part-time math instructor at Chippewa Valley Technical College for 26 years. She enjoys playing bridge, golfing, flower gardening, reading and babysitting her grandchildren.



SECRETARY: Sharon Thobaben is in the pet therapy program with her Golden Retriever. She is an Eau Claire native and graduated from UW-EC. Sharon has two children and five grandchildren and enjoys attending sporting events and school programs.

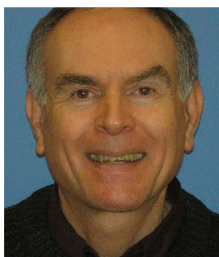


PAST PRESIDENT: Sandra Harman volunteers in the Family Waiting Center. She is from Georgia and retired in 2012 following a 50 year career in the healthcare field. Sandra enjoys working on the computer, reading, loves music and sings in her church choir.



BOARD MEMBER: Sharon Schug is a past president of the Board of Directors and volunteers as a Eucharistic Minister and helps patients with Advance Directive forms. Before retiring, Sharon taught middle school in several west and central Wisconsin locations and Regis Middle School.

VOLUNTEER PARTNERS



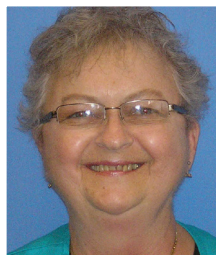
BOARD MEMBER: Steve Werner serves as a Eucharistic Minister, sings with the Hospital Choir and volunteers on fourth and ninth floors, along with a music therapist, singing hymns and other songs for patients. He also enjoys singing with his church choir and with the Valley Gospel Choir.



BOARD MEMBER: Carol Gassert is in the pet therapy program with her two dogs. She worked as a social worker for over 30 years in Milwaukee and the last 20 years in Eau Claire County. Carol also works part time for Weight Watchers. Carol serves as the Community Health Education Chair.



BOARD MEMBER: Katie Diaz currently volunteers on the 7th floor on Monday nights. She was born and raised in Chippewa Falls, received her undergraduate degree in Business and Masters in Training and Development from UW-Stout.



BOARD MEMBER: Judy Peak was elected to the Board at the 2017 annual business meeting. Judy is involved as a volunteer in the "Footsteps Program" for Sacred Heart Hospital



BOARD MEMBER: Kathy Herfel was elected to the Board at the 2017 annual business meeting. She enjoys spreading joy through her volunteering with the Threshold Singers and using her talent to bring joy to the Hospital's patients.

Thanks to these dedicated volunteers for their service.

Past Events continued

RESULTS OF MAY 9, 2017 LINEN SALE

First, a very large thank you to all who assisted in this important fundraiser by your volunteer time or by your purchase. All special orders were handled and fulfilled effectively.

While numerous conditions and factors can influence the success of this endeavor, the most dramatic this year was our inability to offer the payroll deduction option payment. The following are the comparative results from the last two spring sales:

	5/9/17	6/2/16
Gross Sales	\$5,485	\$10,857
Our Commission	\$1,097	\$ 2,058

Congratulations to Sue Bates, Cardiology, for winning the drawing of the beautiful blanket throw.

We will need to work hard to effectively promote our November 29-30 event. Start thinking about those special people on your holiday list who can benefit from the large selection of these quality comfort items.

Bill McCullough, Chair

HOSPITAL GOLF & TENNIS CLASSIC

Volunteers of HSHS Sacred Heart Hospital who assisted at the Sacred Heart Golf and Tennis Classic on July 31, included: Jaci Fuller and husband Tom and Margaret Berg and husband Leonard. Proceeds from this year's Classic will benefit the Cancer Care Center. This year marked the 27th anniversary of the Classic, and to date more than \$1 million has been raised.

DISTRICT MEETING

The West Central District of the Partners of WHA held their fall meeting on Thursday, September 7, 2017 in St. Croix Falls. Attending from HSHS Sacred Heart Hospital were Bonnie Olson, Barb Filla, Sharon Schug, Sandy Gobler, Sandra Harman, Bill McCullough, Jaci Fuller and Mary Pengra. Speakers included Dr. Vittal Nagar on "Multi-Disciplinary Pain Management and Care," Julie Karsky on "Recipe for Daily Reprieve...BREATHE" and Pat Fetter on "Mental Health." The business meeting included voting on changes in the Bylaws, Policies and Procedures and the 2018 budget.

VOLUNTEER PARTNERS

Upcoming Events

PARTNERS OF WHA STATE CONVENTION

The 2017 Partners of WHA State Convention will be held October 3–5, 2017 at the Hyatt on the Main, Green Bay, with a theme of “Partners Building a Better Future.” West Central District is planning the convention this year, with John Tully, Rice Lake Volunteer Partners of Lakeview Medical Center, as Chair. Sacred Heart Hospital volunteers are in charge of registration and members of the Board of Directors and interested volunteers will be attending to assist in the registration.

For Your Information

SCHOOL PROGRAM NEEDS

The Volunteer Services Department is collecting items for the Homeless School Program Needs. Many school age children are homeless or in need of school supplies. Last year over 300 students were served.

The program is in need of many items to help support this program. Some of the needs include: Kleenex (facial tissue), ear buds, glue sticks, quart and gallon zip lock bags, Crayola markers, highlighters, dry erase markers and 3-subject notebooks (wide ruled or college).

Any of the above items are very much needed and appreciated. Items can be brought to the Volunteer Services office. Please call Mary Pengra at 715-717-4255 if you have questions.

“HEARTS OF JOY”

The “Hearts of Joy” HSHS Sacred Heart Hospital choir, which was formed in 2012, consists of Hospital colleagues and volunteers. The choir performs during special events and holidays at the Hospital and also in the community. In May, 2017, the choir performed at Dove Healthcare - South, Eau Claire, for its residents. The Recreation Director of the facility Mandy Alvar said “Thanks for coming! Everyone loved it!”

Two volunteers of Sacred Heart Hospital, Bill McCullough and Steve Werner, presently contribute their talents to the choir.

Anyone who likes to sing and bring joy to others is welcome to join the “Hearts of Joy” choir. The choir holds practice on Tuesday afternoons at 4:30 p.m. in the chapel starting mid-September. All are welcome!! For more information, you may contact the director of the choir Annelies White at anneliesslack@gmail.com or call her at 715-828-0492.

PAWS FOR A CAUSE

The Volunteer Partners of Sacred Heart Hospital are launching a new program this fall called Paws for a Cause. All donations will benefit Chippewa, Dunn and Eau Claire counties’ food pantries to purchase pet food for people who cannot afford food for their pet.

In conjunction with Blessing of the Animals, this is a special time to remember our furry family members. The Volunteer Partners invite you to honor and memorialize your pets by reserving a Paws for a Cause light in their name. The Recognition Program will take place on Sunday, October 1, at 6:30 p.m. in the Monsignor Klimek Community Auditorium, with tree lighting to follow in the Hospital’s Healing Garden.

Pets have a special place in our lives. “The bond between animals and humans is part of our evolution, and it is very powerful,” says Dr. Ann Berger, a physician and researcher at the NIH Clinical Center in Bethesda, Maryland.

Pets can provide perks no matter what your age. How can pets- especially cats and dogs-improve your health and happiness? A pet is good for your heart. Having a pet can lessen stress and lift depression. Pets can connect you to a community, get you moving, are a source of comfort and give you unconditional love.

For a \$5 donation, one light will be added to the tree in honor of that special animal that made a difference in someone’s life. Forms are located at the Information Desk at Sacred Heart Hospital and various locations throughout the community. If you have questions, you may call Mary Pengra at 715-717-4255.



SEPTEMBER

09 06 Carmelita Hogan
09 06 Mikaela Koller
09 06 Judy St. Arnault
09 07 Charlotte Hanson
09 07 Mark Hediger
09 11 Ruth Crouse
09 14 Deb Stanke
09 18 Phyllis Pecor
09 19 Roxie Miescke
09 22 Tom Zimbauer
09 22 Marie Vandenbark
09 23 Sandy Hart
09 26 Micheal Mattison
09 27 Margaret Racanelli
09 27 Becca O'Connell
09 28 Sharon Thobaben
09 29 Kyla Rust
09 30 Sally La Rose

OCTOBER

10 03 Megan Larson
10 07 Joan Cook
10 10 Lynnda Peterson
10 11 Dennis Lackey
10 13 John Snyder
10 15 Ceil Marshall
10 16 Emma Kowieski
10 16 Judy LaFave
10 17 Shirley Olson
10 18 Deb Ridenour
10 21 Sandra Gobler
10 24 John Mieske
10 25 Paul Vanderheiden
10 30 Don Winrich
10 31 Teri Blaskowski

NOVEMBER

11 01 Sandra Stanton
11 05 Matthew Kim
11 09 Sharron Green
11 12 Judy Ciske
11 12 Jennifer von Klein
11 15 Kitty Pille
11 17 Chuck Rumpel
11 18 Donna Hoffmann
11 21 Cathy Vanderheiden
11 22 Paul Glittenberg
11 22 Bobbi Forsythe
11 26 Marianne McElroy

DECEMBER

12 05 Diane Parr
12 07 Kathy Fandel
12 09 Joyce Playter
12 12 Robert Green
12 14 Jennifer Lashley
12 16 Carole Klinke
12 16 Lee Anna Rasar
12 19 Margaret Berg
12 20 Devon Hucek
12 22 Carol Gassert
12 23 Rose Manzella
12 26 Cindi Shampine
12 28 Sarah Annen-Stephan
12 29 Pat King
12 30 Luanne Foiles
12 30 Mary Sanford
12 31 Molly Ford
12 31 Emma Hubler

To all a birthday wish for a beautiful day and a year of happiness!

A Wish for Lots of Birthday Fun

A wish for lots of birthday fun

To last until the day is done.

Hoping that all your wishes come true,

And your birthday cake is as sweet as you!



VOLUNTEER PARTNERS

New Volunteers Welcome

Welcome to the volunteers who have joined the Volunteer Partners Program at Sacred Heart Hospital since June 1, 2017. You are providing a valuable service to the patients, their families and hospital staff while being a critical part of the hospital's healing mission as you give your time and talents. Thank you for your service!

ADULTS

Cathy Barkovich
Judy Pielhop
Renee Ward
Bill Youngblood

COLLEGE

Matt Glittenberg
Paul Glittenberg, Jr.
Emma Hubler
Becca O'Connell

HIGH SCHOOL

Emma Kowieski
Jessica Sabbagh

DATES TO REMEMBER

Date	Event	Location
Oct. 30 & 31, 2017	Jewelry Sale	Bishop/Treacy
Nov. 29 & 30, 2017	Linen Sale	Bishop/Treacy
Dec. 3, 2017	Love Lights	Chapel
Dec. 18 & 19, 2017	Book Sale	Bishop/Treacy



spotlight on Volunteers

Not all volunteers are “in house” volunteers you see at the Hospital. In the “spotlight” this issue are two groups that do not have regular shifts to volunteer but contribute their handiwork for patients. The American Sewing Guild, Indianhead Chapter, meet once a month at Trinity Lutheran Church. There are about 25 in the group which meets the 4th Thursday of each month at 10:00 a.m. Besides doing sewing and handiwork, they also have an educational program very month. Items they contribute include blankets, scarves, fingerless gloves, hats for the Cancer Center and rice bags. The group also contributes to other worthwhile organizations, such as quilts of valor for veterans, the girl scouts, 4-H groups and a class “Math & Art” at the University of Wisconsin-Eau Claire, donating material and machines.

For more information, you may contact Barbara Hogue at 715-835-0250.

A group of volunteers, the Immaculate Conception Catholic Mission Group, contribute afghans, cancer hats and baby hats to HSHS Sacred Heart Hospital. Many work from their home and many donate yarn and material for the various projects. A quilt group meets once a month during the school year, starting in September, to contribute quilts and prayer shawls. The prayer shawls are given to the Healing Pace for someone grieving. The group also has a Jesus and Mary Guild and they contribute prayer shawls to The Healing Place for someone grieving.

For more information, please contact Mary Jo Walters at 715-835-6891

Our gratitude and thanks for their wonderful service and selfless giving. It is greatly appreciated!

Spotlight on Volunteers continued



Pictured are some of the beautiful items contributed by the talented handcrafters of the American Sewing Guild, Indianhead Chapter and the Immaculate Catholic Mission Group.

