

HEARTBEAT



June 2022

Volunteers of Howard Young Medical Center
Woodruff, Wisconsin

VOLUME 23, ISSUE 1

LEADERSHIP NEEDS YOUR SUPPORT

It is good to be meeting at the hospital once again in person instead of on Zoom. During COVID, Tracy Hand, our former HYMC Administration Assistant, set up our Zoom meetings which allowed us to stay in touch and continue the Volunteers of Howard Young program. It wasn't easy, but we held together and made it through.

I know we have reached out through the years asking volunteers to contact us if interested in leadership position openings and, on occasion, some of you did. Thank you to those of you who filled positions. We are asking for help again but this time it is different. The program needs to fill leadership positions as those who have held them for so long need a break.

The Leadership Team meets one time a month for approximately 1 – 2 hours. The meeting dates are set at the beginning of the year so everyone knows the schedule and can plan accordingly. If someone can't make a meeting, it's okay. We also can Zoom you in if that works better for a particular meeting. Discussions at the meeting center around: Gift Shop information, VHYMC Scholarship planning, membership, volunteer recognition, fundraisers, and other duties needed to maintain a volunteer program.

I want to believe that all of you reading this newsletter are still interested in the VHYMC and want it to continue. We sure do. But it can't without some of you stepping forward and giving us your support. Please call any one of the following for more information about becoming part of the team.

Mary Lou Shepski: 715-356-6917
VHYMC President

Connie Madden: 715-227-3643
VHYMC Vice President

Sandy Hilgemann: 715-573-8171
VHYMC Treasurer

Barbara Schjoneman: 715-892-6322
VHYMC Advisor



Scholarships

VHYMC awarded \$1500 scholarships to two graduating seniors at the Lakeland Union High School awards ceremony on Wednesday, May 25. Recipient Sophie Fieck plans on pursuing a degree in physical therapy and Leah Wolfe looks forward to the nursing profession.

Scholarship chairman, Katie Grundy, presented the scholarships at the LUHS ceremony on behalf of VHYMC.

New Gift Shop Hours at Howard Young Medical Center

Beginning Tuesday, May 31st the Gift Shop

will be open the following days and times:

Tuesdays 12:00-4:00 PM

Wednesdays 12:00-4:00 PM

Thursdays 12:00-4:00 PM



SALE DATES!

Gift Shop

Helen Travis, Gift Shop Manager

The Hospital Gift Shop got a mini makeover this past winter. All the wood cabinets were painted and new lighting was installed throughout the store. It really gives it a fresh look.

Special sales are in the works so bring your friends and come in to take advantage of lots of bargains. All of our customers will enjoy a 20 % discount on all items in the store except candy, greeting cards and books.

June 14, Flag Day

July 5, Happy Fourth of July

August 23, Senior Citizen Day

*Heartbeat is published by the
Volunteers of Howard Young Medical Center
Woodruff, Wisconsin
Katie Grundy, Editor*

Howard Young Therapist Earns Credential as Certified Hand Therapist

Kari Ruhr of Howard Young Medical Center has earned the Certified Hand Therapist designation after completing all required examinations and clinical studies from The Hand Therapy Certification Commission, Inc., the recognized specialist in hand therapy certification worldwide.

These requirements include at least three years of clinical experience as an occupational therapist, a minimum of 4,000 hours in direct practice in hand therapy, and successful completion of advanced clinical skills and theory in upper limb rehabilitation.

Ruhr has been providing therapy services in the Northwood's for the last 6 years as an occupational therapist at Howard Young specializing in hand and upper extremity rehabilitation.

"I take pride in helping my patients get back to work or doing what they enjoy by utilizing a number of traditional techniques including manual therapy or massage and combining them with technology like ultrasound, fluidotherapy and paraffin treatments," said Ruhr.

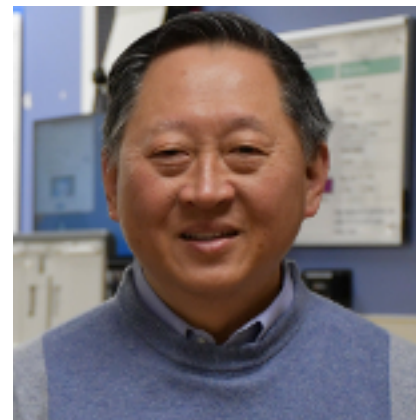


Occupational Therapist Kari Ruhr making adjustments to a fluidotherapy unit



Urgent Care

Howard Young Medical Center is now offering Urgent Care, providing timely treatment for non-life-threatening illness and injuries. Urgent Care is available without an appointment, seven days a week from 7:00 am – 8:00 pm at the Emergency entrance.



Heong P'ng, MD, an Aspirus Emergency Department Physician and Medical Director of Emergency Services at Howard Young Medical Center