

Memos from MEMORIAL

Partners of Rusk County Memorial Hospital

Volume 41 ~ Issue 2

Edition Highlights

- Growing Forward Together Stronger & Better ~ from RCMH CEO
- LUCAS III Partners Focus in 2018
- Save-the-Dates: Upcoming Partner's Events
- Surgical Services at RCMH

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OFFICERS:	
Bev Lazar, President	
Mary Jane Nelson, Vice President	
Pauline Lundgren, Treasurer	
Joanne Phetteplace, Secretary	

BRATS AT GORDY'S!! Come and Get 'Em!! Friday, August 10 and Saturday, August 11 9:00 a.m. to 4:00 p.m. both days! Bring your appetite!



July 2018



"We make a living by what we get, but we make a life by what we give." — Winston Churchill

Our hospital is the center of our community. We care for the sick and injured in many ways. Our role as caregivers goes far beyond the direct and indirect patient care we provide every day. It is about keeping our community, our neighbors, and our families healthy and happy. All of you as our volunteer Partners are an integral part of that responsibility, and we are eternally grateful for the countless hours you have dedicated

to making our hospital the quality health care provider that it has become.

As we join the Marshfield Clinic Health System (MCHS), your significance to our hospital, clinic and our mission is even more important. You, our Partners, are our community members, neighbors and family. Your roles as volunteers and hospital advocates will always be an important piece to our success. Marshfield Clinic Health System has a robust reputation of fostering and supporting volunteer organizations, and we look forward to the opportunities that this partnership will give to our community and hospital.

A closing date with Marshfield Clinic Health System and RCMH has been targeted for August 31, 2018. Following that date, our hospital will be called Marshfield Medical Center – Ladysmith; (MMC-L). There is a tremendous amount of due diligence that goes into following through on the terms and preparing for the transition of RCMH into MMC-L. Staffs from both sides have been working very hard to complete the diligence process. Providing Care for all members of our community does not stop or change; it's business as usual. RCMH and MCHS have a long-standing history of providing exceptional care to those we serve, and this continues to be our number one focus as we move forward in this process.

A few necessary transition steps for active Partners will be required to carry over your roles to the Marshfield Clinic Health System. Similar to our employees, volunteers will need to complete some needed paperwork and orientation items. Carolyn Welsch, Volunteer Coordinator, will be communicating the details soon. This is an amazing opportunity, and we look forward to the future of our organization and our Partners. — *Jeff Euclide, RCMH CEO*



FROM THE PRESIDENT'S DESK

There are so many things that happen in a day, we sometimes wonder "Where'd the day go?" at the end of it. That is how it is with the Partners. We have a full schedule

every month and each of us has a responsibility to report back to the Board with project updates as we work collaboratively toward successful outcomes.

Many of our in-house events are now being held in the hospital's main lobby. This has been more socially interactive and has contributed to our success! We appreciate RCMH staff for this permission. All proceeds for our events in 2018 are designated toward the purchase of a LUCAS III Chest Compressor! (For more information on this device, see article "LUCAS III" on page 3).

In March, Partners hosted a soup luncheon and "The Nut Man" sales event, offering nicely packaged nuts and candies. The Geneva Linen sale was held in April, and our recent \$6 SALE took place this month in July.

Some of our upcoming events that you will want to mark on your calendars are as follows:

• MUSIC for LUCAS III

July 24 at 6:30 p.m. ~ Legacy Amphitheater at Memorial Park in Ladysmith. The Partners are sponsoring the Blue Hills Choral group to perform from 6:30 to 8:00 p.m. in the park's new amphitheater. Partners will be serving up homemade desserts. All donations will help toward the purchase of LUCAS III and are appreciated. We are excited about this event as it is the first time we have been involved in anything like this. Bring your lawn chairs or take a seat in the amphitheater. Come and join us for a wonderful and SWEET evening!

BRATS at Gordy's

August 10 & 11 ~ Partners are serving up brats and such on both days from 9:00 to 4:00.

PRN Uniform & Scrubs Sale

September 26 ~ If you wear scrubs in your profession, know someone else who does, or just like to wear fashionable comfy scrubs around the house, come out to RCMH to check out PRN's wide selection of scrubs, shoes, etc.

- **Pre-Christmas Sale** October 26 ~ Watch for announcements.
- KRINGLE Pastries in NOVEMBER!! Watch for announcements. I can almost taste them already!

Well that is enough to keep us busy for a while. We are hopeful these events will meet our goal to fully purchase LUCAS III. Please feel free to contact me with any questions or concerns at (715) 492-6572. Beverly Lazar

BEFORE YOU T~H~I~N~K ... T ~ IS IT TRUE? H ~ IS IT HELPFUL? I ~ IS IT INSPIRING? N ~ IS IT NECESSARY? K ~ IS IT KIND?

What would YOU like to see in the Hospital Gift Shoppe?

* Jewelry? Purses? Stationery? Get Well Cards? Mugs filled with Candy? Stuffed Animals? Nuts & Snacks? Slippers? Silk Flowers? From your perspective, whether patient, visitor, guest, employee or volunteer, we ask for your feedback. Please let us know. Beverly Lazar (715) 492-6572 Thank You!

WHA Partners Northwestern District Spring 2018 Meeting

The spring 2018 WHA Partners semi-annual Northwestern District meeting was held on April 24th and hosted by Volunteer Partners of Spooner and Superior. Delegates from each of the Partners gather in the spring and fall of each year.

Pauline Lundgren, Rosemary Zuck and I attended the meeting, representing Rusk County Memorial Hospital from Ladysmith.



what activities and volunteering their respective Partners groups have accomplished since their last gathering. I am always very proud to talk about our group and our community for the unending support that we receive.

The Northwest District is co-sponsoring the annual Wisconsin Hospital Association (WHA) Convention this year in Stevens Point on October 2-4, 2018. I will give a report on the convention in our next MEMOs publication.

Beverly Lazar, Partners President

LUCAS III CHEST COMPRESSION SYSTEM Coming Soon to RCMH!

The Partners of Rusk County Memorial Hospital is a volunteer-based organization that seeks to aid and support the healthcare community of Rusk County. Each year, the Partners review healthcare needs in Rusk County and the



surrounding communities and choose causes and projects to dedicate their fundraising towards.

In 2017, a need was discovered for law enforcement to have medical supplies within squad cars to help care for emergency medical situations onsite. To meet this need, Advanced Trauma Kits and blankets were provided for every squad car in Rusk County and the City of Ladysmith. These kits allow our law enforcement to fill the gap between an emergency medical situation and ambulance availability, especially in the rural areas of our county.

Based on a request from the Emergency Department at Rusk County Memorial Hospital, our project for 2018 is to raise funds to assist in the purchase of a Lucas III Chest Compression System.

About the Lucas 3 Chest Compression System:

In order to be able to save the lives of patients whose hearts suddenly stop and avoid brain damage, a steady supply of oxygen to the heart and brain is necessary. Life-sustaining circulation can be created through effective and uninterrupted chest compressions. Performing manual chest compressions of high quality is both difficult and tiring due to certain situations such as cramped spaces and limited resources. The quality varies depending on who provides CPR and may deteriorate quickly after only one or two minutes. By incorporating this device into our life saving treatment plan for patients who suffer from cardiac arrest, our patients will be receiving high quality, uninterrupted CPR eliminating human fatigue from the equation and freeing up staff to perform other highly necessary duties.

To date, the Partners have raised approximately \$10,000 of the \$16,000 cost of the unit. The goal is to purchase and implement this unit into the Emergency Room by December 31, 2018. We are seeking your help.

When the need for this unit arises, life is hanging on a limb. We are asking for your help in reaching out to your friends, family, neighbors and community groups to help bring this necessary medical unit to Rusk County Memorial Hospital. Please consider making a tax-deducible donation to this worthy cause today by writing a check to the Partners of Rusk County Memorial Hospital.

For more information, please contact: Beverly Lazar, Partners President at 715-492-6572 or Pauline Lundgren, Treasurer & LUCAS III Fundraising Chair – 715-532-6472

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HEALTH EDUCATION

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SURGICAL SERVICES OFFERINGS AT RCMH

The time to have surgery on the bunion that's been bothering you...or that wrist pain you've been having from that carpal tunnel syndrome—while perhaps dreading—may be long overdue.

Rest assured, the RCMH Surgical Services staff is here for **YOU**! Whatever your area of concern is, consider exploring your options for having surgery locally at RCMH. We offer general, urologic, facial plastic, and, ophthalmic (eye), orthopedic, and podiatric procedures with an excellent team of surgeons. In addition, we are now offering pediatric dental rehabilitation, so spread the word. We offer many services, but some procedures commonly performed here at RCMH are laparoscopic cholecystectomies (gall bladder removal), inguinal/umbilical/incisional hernia repairs, carpal tunnel and trigger finger release, bunionectomies, cyctoscopies, green light laser of the prostate, cataract extraction with lens implant, and lesion removal, just to name a few.

RCMH has anesthesia providers who take wonderful care of our patients and oversee that every patient is comfortable and safe during their procedure. Our anesthesiologists offer their skills in different types of anesthesia such as blocks, spinals, MAC/local, and of course general anesthesia. We also offers endoscopy services, so if it's time for you or someone you know to undergo their colonoscopy, we would be more than happy to provide you with excellent care during your visit with us, without going far from home!

When it comes to our care and services, the surgical services at RCMH has so much to offer. We always strive for excellence and will do everything we can to make your experience with us the best it can be.

April Eckes, CST, RCMH Surgical Services

BLOOD DONORS ARE GOOD FOR LIFE!

A blood donor is good for... * people who go through windshields or red lights * somebody with leukemia * people being operated on * people into feudin' and fightin' * hemophiliacs * daredevils * people undergoing dialysis while waiting for a kidney transplant * people who are burned pretty badly * people needing a transfusion during any organ transplant * everyone in need a complete change of blood supply * people having open-heart surgery * cancer patients * people with a severe case of hepatitis * kids who fall out of trees or have acci-

dents * people with bleeding ulcers * people with anemia, and the list goes on...



Bariatric Surgery for Remission?

Having bariatric surgery to lose weight may help some obese people with rheumatoid arthritis (RA) achieve remission, according to a new study published online in Arthritis Care & Research.

Researchers reviewed the records of 53 RA patients, nearly all female, who had bariatric surgery. A year later, they had lost an average of 88 pounds and had significant decreases in inflammatory markers and symptoms of RA. Five years later, almost 75% were in remission and were off their RA medications.

"We're very excited about these results, and plan to explore this further," says senior study author Bonnie Lee Bermas, MD, Director of the Women's Musculoskeletal Center at Harvard Medical School. —Jeanie Davis



Local Poet Gifts RCMH with Tribute Poem for Healing Garden Sculpture



Ladysmith resident poet Michael Doran stands with Partners Board member Sue Disbrow in front of a plaque placed to draw attention to the sculpture, "Threading the Needle". RCMH Partners raised the funds and purchased the beautiful sculpture in 2016 ~ a falcon soring through the

rock's needle opening ~ which is located in the hospital's Healing Garden near its main entrance.

Michael's poem about the sculpture is engraved on a plaque displayed facing the sculpture inside the hospital's main lobby. The poem seems to capture the thoughts of the prairie falcon as, balanced on one wing, he seeks to navigate the narrow passage to what lies beyond, symbolizing hope — however slim — to patients, and their families and friends.

Sue served as the liaison between Michael, the Partners of RCMH, and Sports World Awards, the Barron firm that created the marble plaque.

A Special Poem for Senior Citizens !!

A row of bottles on my shelf caused me to analyze myself. One yellow pill I have to pop goes to my heart so it won't stop.

A little white one that I take goes to my hands so they won't shake. The blue ones that I use a lot tell me I'm happy when I'm not.

The purple pill goes to my brain and tells me that I have no pain. The capsules tell me not to wheeze or cough or choke or even sneeze.

The red ones, smallest of them all go to my blood so I won't fall. The orange ones, very big and bright prevent my leg cramps in the night.

Such an array of brilliant pills helping to cure all kinds of ills. But what I'd really like to know...

Is what tells each one where to go?!

Paragon of my soul, Pilot me through this riven side. Cleft for me, this needle's eye Through which but a thread's width Of hope will gain me passage To the morrow.

Michael Duran, 2017



There's always a lot to be thankful for if you take time to look for it. For example, I am sitting here thinking how nice it is that wrinkles don't hurt!





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Please Contact Carolyn at (715) 532-5561 ext. 1227 to update your address/contact information.

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MEMOS from MEMORIAL

On occasion, we have need of the following clothing items for our patients. We are collecting only

- Loose Sweat Clothing of all sizes, but especially SMALL
- Long or short sleeved T-Shirts, drawstring pajama bottoms, and pajama tops

Please bring your new or clean/unstained gently used donations to Carolyn Welsch, Volunteer Coordinator or to one of our Board Partners. Thank you for helping us meet the needs of others!

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