

2023 SOUTHERN DISTRICT WINTER/SPRING NEWSLETTER



SAVE THE DATES!

2023 WHA Advocacy Day April 19 at the Monona Terrace - Participation is free. (Registration now open) <u>To Register</u>

National Volunteer Week April 16-22

Spring District Meeting - April 26, 2023, hosted by St. Clare Hospital Auxiliary in Baraboo. Deadline to register: April 10, 2023.

Convention 2023 - October 3-5, 2023, Holiday Inn, Stevens Point, hosted by West Central District. Theme - Today's Dream - Tomorrow's Reality

At the Spring Southern District, April 26, meeting we will be installing two new District Officers Terri Donlin as Chair and Judy Jaggard as Secretary.

Terri D. started volunteering at the local level (SSM Health St. Mary's Hospital in Madison) about 8 years ago. She worked as a Professional Service Manager and then Staff Development Manager for the last 20 years prior to retirement. She enjoys a challenge and wants to help others by listening and challenging thought processes. Terri's words for 2023 – connection, change, self-care, and positivity! Let's make it a great year!"

 AND

Judy J. actively volunteering at Mercyhealth in Janesville and currently serve on the volunteer board as past president. She was also the past Southern District Chair. SCUBA diving and travel still rank high on her personal interest list.

The Southern District is in need of filling two positions on the district level: DISTRICT CHAIR-ELECT and DISTRICT PUBLIC POLICY EDUCATION CHAIR (PPE) --- The District Chair-Elect serves as an active member of the district board and assists the Chair in duties as assigned. Additional responsibilities are, but not limited to: Partners of WHA Revised 12- 2016 Page 7 of 12. Leadership Handbook | partners-of-wha (partnersofwha.org) AND --- The District Public Policy Education chair (PPE) who may serve a total of two (2) year terms. Additional responsibilities are, but not limited to: Partners of WHA Revised 12-2016 Page 9 of 12. Leadership Handbook | partners-of-wha (partnersofwha.org)

2023 Health Care Issues in Wisconsin - Carol Black

With responsible stewardship, today's hospitals are still committed to providing quality care for everyone, as we go past the pandemic and all its lingering challenges. Listed below are three main area that are challenging us in the year 2023.

- 1. Strains on everyday life in a hospital.
- 2. Increased Healthcare cost.
- 3. Emphasis on mental health.

WHA is working to increase the workforce by partnering with Wisconsin's two medical school with a grant program to expand graduate medical education in communities. Eight new residencies have been created and the nine already in place are expanding residency training for 151 new physicians in Wisconsin hospitals, instead of out of state. This hopefully will encourage these doctors to continue practicing in our state.

WHA is also working on proposals to aid rural hospitals, so that there will be increase training opportunities for residency training positions.

The partners Health Education focus for 2023-2024 will be MENTAL HEALTH - Sherry Jelic - Southern District CHE Chair

The following healthcare changes will affect the future delivery of health care in our communities. The days of 2022 are over, but health care will keep evolving. There were 3 changes in 2022 that will influence health care delivery in 2023.(Reference – UPRISE HEALTH, "Health Care Moving into 2023", 12-13-22.)

The first is a shortage of providers. The second is that current events have negatively impacted people's health. Economic and financial stress, social isolation, war, discrimination and social unrest, mass shootings, political extremism – all have had a detrimental impact on American health. The third is the need for structured mental health support. The World Health Organization released a comprehensive review, emphasizing that mental health has been "one of the most overlooked areas of public health, receiving a tiny part of the attention and resources it needs and deserves.

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In the state of state address for Wisconsin, the main health care issue will be on mental health, both in school and for the general public. Keep watch during the year for updates on this topic.